



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
**2025-2026**

School Name & Location Number:	Avocado Elementary School WL #0161
Principal:	Dr. Rachelle A. Surrancy
Phone Number:	305-247-4942
School Wellness/Healthy School Team Leader:	Gelsys Di Lella
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Dr. Rachelle A Surrancy, Principal Ms. Gelsys Di Lella, Assistant Principal Ms. Juana Ochoa, Cafeteria Manager Mr. Samuel Jerkins, Physical Education Teacher Mr. Kevin Carpenter, Physical Education Teacher Ms. Shauntelle Clark, Teacher, EESAC Chairperson Ms. Tiffany Garcia, Teacher Ms. Yokasta Dacosta, Community Liaison Specialist Ms. Sara Guerrero, Parent Addison Hicks, Student Camila Guerrero, Student
Committee Meeting Dates:	January 20, 2026 (Faculty meeting) February 18, 2026 (EESAC meeting) March 4, 2026 (Faculty meeting) April 1, 2026 (Faculty meeting) May 13, 2026 (EESAC Meeting)
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<b>Nutrition:</b> 1. Conduct initial meeting and establish goals/dates.

	<p>2. Promote the free breakfast and good eating habits, especially as testing approaches.</p> <p>3. Provide healthy meals and snacks daily to students through the cafeteria</p> <p><b>Physical Education:</b></p> <ol style="list-style-type: none"> <li>1. Conduct initial meeting and establish goals/dates.</li> <li>2. Fitnessgram Testing</li> <li>3. Encourage teachers to provide time for physical activities during recess.</li> <li>4. Get Outside and Play Events</li> </ol> <p><b>Health and Nutrition Literacy:</b></p> <ol style="list-style-type: none"> <li>1. Continue Food Forest program, promoting garden to table practices</li> <li>2. Dads in Garden event to bring awareness to nutrition.</li> <li>3. Communicate and post monthly health and nutrition snippets via school's monthly newsletter, school's website, school messenger.</li> <li>4. Include in the morning announcements.</li> </ol>
Sustainability Practices:	<ol style="list-style-type: none"> <li>1. Posting recycling program and educational flyers and information throughout the school</li> <li>2. Using Share Tables to teach students to redistribute food rather than discard it</li> <li>3. Incorporating lessons in the school gardens</li> </ol>
Community Engagement:	The team will develop and invite parents to respective informational workshops on nutrition and sustainability, such as our Dads in the Garden event.
Monitoring and Evaluation:	Surveys will be provided to stakeholders to gather feedback regarding the effectiveness of the respective initiatives. Adjustments will be made based as necessary.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	<ul style="list-style-type: none"> <li>• Eco-Garden Club</li> <li>• Recycling Program</li> </ul>